



**Let us meet you  
where you are.**

**In the middle  
of difficult times,  
help can  
mean hope.**

We all experience times in our lives that feel uniquely challenging. The programs at Wilshire Community Services are meant to walk with you through these experiences and support you while you find your way back to a life that is meaningful and comfortable.

*Our services include counseling, friendly visits, transportation, specialty behavioral health services and conflict resolution.*

# We will face this together.

Created by the community for the community.

Wilshire Community Services was created to meet a series of needs identified by the populations we serve. Created by the community, for the community, our team of dedicated professionals serve their Central Coast neighbors with integrity, compassion, and energy.

Our staff members work seamlessly with an incredible group of volunteers whose heart and commitment are felt on the Central Coast every day. Whether it's mediation, a friendly visit, driving to a doctor's appointment or a counseling session, our volunteers complete our team.

## Your Central Coast neighbors at work.

### Address

285 South Street, Suite J  
San Luis Obispo, CA. 93401

### Phone

(805)547-7025

### Website

[wilshirecommunityservices.org](http://wilshirecommunityservices.org)

### Facebook

[facebook.com/wilshirecommunityservices](https://facebook.com/wilshirecommunityservices)

### Donate

[wilshirehcs.org/donate](http://wilshirehcs.org/donate)

### Volunteer

[wilshirecommunityservices.org/volunteer](http://wilshirecommunityservices.org/volunteer)

## Services



### Peer Counseling

Peer-based counseling for older adults



### Transportation Support

Various tasks & transportation support with our volunteers



### Friendly Visits

Weekly in-home visits with a hand matched volunteer to decrease isolation and free weekly counseling by professionally trained peer volunteers



### Behavioral Health

Multi-disciplined services for older adults



### Conflict Resolution

Mediation services to support parties navigating conflict



### Education & Training

Education on Aging & Conflict Resolution trainings